**COUNTY CLUBS AGE GROUP COMPETITION RULES**

1 The Gala is open to Clubs that are affiliated to Northamptonshire Amateur Swimming Association.

2 Any competitive club that is affiliated to NASA shall be entitled to enter **one** team in the County clubs Age Group Competition.

3 Each team may swim one swimmer per event or, in the case of relays, one team per event.

4 Swimmers must be ASA registered and current members of the club that they represent.

5 Competitor ages are as at **31st December in the year of competition**.

6 Competitors must be a minimum of 8 years old on the day of the competition.

7 Swimmers may swim a maximum of **two** individual and **two** relay events; all of which must be in **one age group** either in his/her own age group or in any other age group, which he/she is entitled to swim.

8 Each team Manager shall submit their team list to the recorders before the commencement of the gala.

9 The programme will consist of the following events:

 **Individual events (Boys and Girls)**

 10 years and under 50m Freestyle, Backstroke, Breaststroke, Butterfly and 4 x 25m IM

 12 years and under 50m Freestyle, Backstroke, Breaststroke, Butterfly and 4 x 25m IM

 14 years and under 100m Freestyle, Backstroke, Breaststroke, Butterfly and 4 x 25m IM

 Open 100m Freestyle, Backstroke, Breaststroke, Butterfly and 4 x 25m IM

 **Relay events (Boys and Girls)**

 10 years and under 2 boys and 2 girls 4 x 25m Freestyle Relay

 2 boys and 2 girls 4 x 25m Medley Relay

 12 years and under 2 boys and 2 girls 4 x 25m Freestyle Relay

 2 boys and 2 girls 4 x 25m Medley Relay

 14 years and under 2 boys and 2 girls 4 x 25m Freestyle Relay

 2 boys and 2 girls 4 x 25m Medley Relay

 Open 2 boys and 2 girls 4 x 25m Freestyle Relay

 2 boys and 2 girls 4 x 25m Medley Relay

10 The two boys and two Girls may swim in any order in all relay events

11 Gala points will be awarded according to teams competing:
 i.e. if eight teams are competing 1st place gets eight points 2nd place seven points and so on.

 If less than eight teams compete then points will be reduced accordingly.

12 The scores of boys and girls will be taken together to decide the winners of each age group.

13 If there is a tie on points in an Age Group category, the two boys and two girls from each team involved, who swam the medley relay, will take part in a freestyle relay swim off .

14 All Age group trophies plus the overall winner’s trophy will be presented at the end of the gala.

15 The Promoter shall determine any matter arising for which these rules do not provide.

16 Each club to provide the 2 judge level 1 officials and 1 judge level 2 official, in addition to any officials who have been asked to be chief timekeepers, starter or referee.

17 Each club to provide one volunteer to assist with the running of the gala.